



SLANF News

VOLUME 22, ISSUE 1

FEBRUARY 2011

2011—2012 Officers

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Liwliwa Villagomez
(Reyes '80 Remnants)

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(Reyes '75)

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Aurora Rebotira '72

2010 San Diego Reunion Highlights

Elisa Pamintuan '71

There were so many fun times, memorable events and people that made the 2010 San Diego Reunion a success that I cannot fit everything into this article. I however would like to touch on a few highlights.

The reunion was held July 16 to 18 at the Town & Country Resort & Convention Center. During the Friday Hospitality Night, everyone at each table was invited to introduce themselves and say a few words which helped us get to know each other more. A "Service of Remembrance" led by SATS Alumni was held to honor our departed alumni and faculty. At the business meeting, Dean Gisela Luna '80 (Tagsibol) gave an update on the state of the College of Nursing. The current officers summarized the two-year accomplishments and status of SLANF, USA and the majority voted Chicago as the venue for the 2012 Reunion.

The Saturday morning seminar had four distinguished speakers, three of whom were our very own graduates.

Faiga Jamaldin-Qudah '73 shared information on how the new Health Care Reform will impact us as health care practitioners and consumers. Ellen San Jose-Honorico '69 spoke about different health practices to prevent aging. Linda Pedrosa-Sneed '75 gave insight on clinical research including commonly used medications. Christine Benner, RN/CPTC, a representative from Life Sharing Organ Donation of San Diego talked about organ donation and the gift of life. Leaders of PNA-San Diego, Cecilia Echon and Marie Camilon also addressed the attendees.

We started the Saturday Dinner-Dance Party with an upbeat dance number from the Southern California Chapter. After the welcome remarks of outgoing President Marlene de la Cuesta-Kostik '75, the new officers led by incoming President Liwliwa Reyes-Villagomez '80 (Remnants) were inducted into office by the Hon. Congressman Carlos Padilla.

The Golden and Silver Jubilarians were honored after which they took center stage to deliver their class presentations.

There were two recipients of the Excellence in Leadership and Dedication Award. Millie Palacios-Vandiver '43 was acknowledged for her dedication and service to the school and for establishing the Vitaliana G. Beltran Scholarship Fund for disadvantaged but deserving students. Past President Aurora Rebotira '72 was recognized for her leadership, organizing the 2008 Centennial Reunion in Foster City, CA and guiding the establishment of the Endowment Fund that benefits the College of Nursing. Ninfa Campomanes '66 was the recipient of the Outstanding Alumnus Award. Rev. Fr. Ray Bonoan (nee Unidad Reyes '75) was granted the Appreciation Award to non-alumni for his continued support of the organization.

—see 2010 San Diego Reunion on page 4

Save the Date! 2012 Chicago Reunion: August 3, 4, & 5

The Westin Lombard Yorktown Center
70 Yorktown Center
Lombard, IL 60148
Telephone: (630) 719-8004

Co-Chairs

Franora Escarez '68
senora108@aol.com

Fe Mendoza '69
fecor.mendoza@sbcglobal.net



Rates: Single/Double \$109
Triple \$119
Quad \$129

JUBILARIANS:

Silver (25) - 1986 & 1987
Golden (50) - 1961 & 1962

(30) - 1981 & 1982
(35) - 1976 & 1977
(40) - 1971 & 1972
(45) - 1966 & 1967

Details coming soon!

Visit our website <<http://www.slanfusa.com>> and upload your "Then and Now Profile/Photo" then download the Membership Form and send to Marlene Kostik, 1860 Everhart Drive, Orlando, FL 32806.

Send member contact information updates to Marlene at <kostikmc@yahoo.com>

or Liw at <stlukes@villagomez.com>

We're on the web!
<http://www.slanfusa.com>

We are also on
facebook

Passing the Gavel

Marlene C. Kostik '75, President, 2009-2010 to Liw Villagomez '80, President, 2011-2012



It is hard to believe that 2011 is upon us! What better time to say "Thank you and to wish everyone a new year of health, happiness and prosperity!"

It is hard to believe, looking back to January 2009 — it seemed like a daunting task. We did not know what we were getting into, but we took on the challenge. Now, two years later, with God's help and group effort from all the members of the 2009-2010 Executive Board, I think we were able to deliver. Thank you very much to all of you.

My sincere thanks for the hard work, creativity and hospitality of the Southern California Chapter. We had a very successful and memorable reunion last July in San Diego, California. It was a weekend packed with fun, education, dancing, singing, food and getting together with old friends as well as meeting new friends.

Because of everyone's generosity, I am proud to let you know that the SLANF-USA Endowment Fund (UBCHEA)/Dean Emeritus Ester A. Santos Scholarship Fund has granted scholarships to 6 deserving students for this Fall Semester. It is very rewarding to know that with our collective efforts we can give back and help others achieve their dreams. Let us continue what we have started and keep our investment going.

Thank you to all of you for the never ending support and generosity. Now, it's time to pass on the leadership to Liw Villagomez '80-R (Remnants) and to the 2011-2012 Executive Board....Congratulations and Good Luck to all of you.

In a phone conference late at night on February 5, 2011, Marlene C. Kostik officially passed on to me the responsibilities of the presidency of our beloved SLANF-USA. The 2-year organizational timetable states that such process should be completed by January 31 of the year



that the new term starts. By this criterion, the passing of the gavel is clearly delayed but I want to assure all our members that organizational operations are ongoing and uninterrupted. The passing of the gavel is not the only thing that is delayed. This issue of the newsletter, for instance, was planned to be published in December 2010 or January 2011. Such delays happen because *life* happens! I am sharing these with you so that you will come to know that committing to get involved with the leadership of our association does not bind us too tightly to the tasks that come with such commitment. There is flexibility. In knowing this, I hope you will consider to be involved as an officer or committee chair in the future. If becoming an officer or committee chair is not in your list of goals, please become an active member.

Significant tasks that have been accomplished so far include the scheduling and initial planning of our 2012 Reunion and Scientific Convention; the endorsement of our treasury from the previous treasurer, Ning Bonoan '75 to our new treasurer, Grace de la Pena Hill '74; and appointment of some of the committee chairs.

Passing the gavel (continued)

I am honored to lead our organization these next two years. In my acceptance speech at the San Diego Reunion, I said, "with all of you as witnesses to my commitment, I officially accept the duties and responsibilities of the Office of the President of the St. Luke's Alumni Nursing Foundation, USA. As such, effective January 2011, I shall

- have the general powers of supervision and management usually vested in the office of the President of a corporation not-for-profit, subject however, at all times to the direction and control of the Board of Directors.
- preside at all meetings of the Executive Board, Board of Directors, and of the General membership.
- appoint and terminate committee chairpersons with the approval by the majority vote of the Board of Directors.
- be the official representative for the SLANF-USA.
- serve as ex-officio member, without the right to vote, of all committees, except the Nominations and Elections committee.
- communicate with all the Chapter Directors as needed.
- write checks in the absence or disability of the Treasurer.
- coordinate with the Treasurer to file renewal of registration as a non-profit organization and of tax exempt status.
- review the current state of finances of the foundation with the Finance Committee every six (6) months.
- become the Executive Director after my term; and
- submit an annual report of SLANF-USA at the Board of Directors' biennial grand reunion meeting.

This term's slogan is "We can do GREAT things TOGETHER." We know this deep in our hearts and we know we have been doing great things together all along. Putting it to our consciousness will push us to do greater things together. I am counting on all of you!

FAQs For the SLANF-USA, Inc. Treasury



Compiled by Unidat (Ning) Bonoan '75, M.Ed., RN
2009-2010 Treasurer
2011-2012 President-Elect

Question:
With the current global economic landscape, where do we stand financially as an organization?

Answer:
As reported during the board and general membership meetings last July 2010 in San Diego, CA, our organization has no outstanding debts and continues to be able to operate within its budget for the year. If desired, one may request a copy of the financial report directly from the treasurer.

Question:
What are the programs and projects by which our organization give financial support?

Answer:
1. Scholarships (currently supporting the Dean Emeritus Ester A. Santos Scholarship for deserving undergraduate nursing students at TUA) through:

The United Board For Christian Higher Education In Asia (UBCHEA) Endowment Fund
Direct/earmarked donation by individuals or entities

2. Outreach /Humanitarian donations
3. Outreach/Donations for equipment and supplies for the CON
4. Scientific Convention/CEUs/Publications
5. Reunions (initial cash outlay/revolving fund)
6. Other notable time-sensitive programs/projects as deliberated and decided by the board

Question:
How do we fund these programs?

Answer:
In addition to our ongoing individual and/or class endowment contributions managed by UBCHEA, our biennial reunion and scientific convention is the event that stands out as our number one source of funds for projects and programs. From previous gatherings, \$20,000.00 was about our average net income. In 2010, despite some decline in revenue raised through the attendance of our very own college of nursing alumni and guests, the joining of St. Andrew's Theological Seminary (SATS) & Trinity University of Asia (TUA) alumni, for the

first time ever since we started our SLANF, USA reunions, raised the bottom line to the customary net average income. Other sources of funds are: membership dues and direct tax-deductible contributions by fellow alumni and supporters, and miscellaneous sources from generous donors.

Question:
Where/How do I send my donations and/or fees?

Answer:
Make checks payable to SLANF, USA (fill out memo), and send to current treasurer's address:
Grace de la Pena Hill
13255 SW 47th St., Miramar, FL 33027

Question:
Are my donations tax deductible?

Answer:
Yes. According to our organization's accountant, donations to not-for-profit organizations, like ours and UBCHEA, are deductible. However, the amount allowed varies from individual taxpayers, and should therefore consult their own advisors.

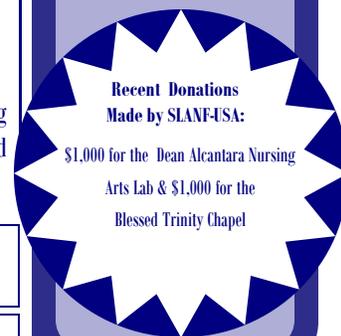


Southern California Chapter News to Know

Shirley Santiago '76

While millions of football fans watched Super Bowl XLV last Sunday, February 6, a group of members of the SLANF Southern California Chapter including their families gathered at Danny and Evelyn Wu's home in Rancho Cucamonga. They were there for fun, camaraderie and purpose — to raise money for the organization. The Super Bowl Party was one of three fund raisers slated for 2011. Coming up on June 4 is a Grand Dinner & Dance to be held at the New York City back lot of the CBS Studios in Studio City. A Casino and Factory Outlet Shopping Day is already also in its planning stage. All proceeds of these fundraisers will benefit our beloved alma mater. Other non-fund raising activities planned for the year include a summer outing and a Christmas party.

The Dean Emeritus Ester A. Santos Scholarship Fund Awardees: June to November 2010
Maria Cecilia Angulo · Arijah Apostol · Marolyn Ayyong · Precious Jen Balajadia · Kathleen Luz Candido · Ryan De Torres



**Recent Donations
Made by SLANF-USA:**
\$1,000 for the Dean Alcantara Nursing Arts Lab & \$1,000 for the Blessed Trinity Chapel

WANTED: Class Coordinators. Help us reach out to your classmates. Please e-mail Marlene.

Newsletter Staff: Liw Villagomez, Editor & Lay-out
Ning Bonoan, Franora Escarez, Marlene Kostik, Noel Madic, Lisa Pamintuan, Linda Pedrosa-Sneed, Shirley Santiago, Contributors

All in the Family!

Coming from a family with many members who share a wonderful commonality (being St. Luke's Alumni), I often wonder how many others in our membership are in such a similar wonderful situation.

If you are a family of SL graduates (siblings, cousins, children, etc.), send your information by June 30 to:

<stlukes@villagomez.com>

Include maiden and married names, year graduated, and relationships.

Chapter Directors

Northern California

Carol Bautista
(Echalico '74)

Southern California

Shirley Santiago
(Villa '76)

Midwest

Leticia Lalas
(Vallar '68)

East Coast

Hideliza Quane
(Atienza '60)

Canada

Adelissa McPherson
(Caballes '59)

Lifetime President

Tranquilina Tolentino
(Edralin '65)

Representative

2010 Awardees



A. Rebotira



N. Campomanes



Fr. R. Bonoan

No photo available for M.P. Vandiver

The night ended with non-stop dancing and with Leticia Quijano-Shelling '57 winning the \$500 Raffie Grand Prize donated by Ambassador and Mrs. Marciano Paynor, Jr. (nee Tessie Bustamante '71).

The Sunday morning Barrio Fiesta was an awesome get-together. There was an abundance of Filipino dishes and desserts, and music and dance. A lot of people participated in the "song dedication" booth which turned out to be a great way to get the alumni to sing their class songs. What a pleasant, cheerful way to end the reunion!

I would like to take this opportunity to thank the following people for their valuable role in organizing this event: Pat Vergara '78 and Ning Reyes-Bonoan '75 for preparing the registrations; Telly Escarda '78, Norma Laigo-Zanders '77 and Shirley Villa-Santiago '76 for executing the registration and again, Telly for inviting the vendors; Sally Uy-Hung '76 and Evelyn Mangaser-Wu '71 for putting together the souvenir program and Melinda Zamora-Bamba '76 for acting as editor; Jo Gabertan-Villanueva '80 (Tagsibol) for organizing the seminar; Maritess Ramirez-Yu '77 for prepping the ushers and seating arrangements; Letty Zarza-Olivar '72 for coordinating the Barrio Fiesta; Yoly Martinez-Sabas '78 for bringing together the emcees and planning the program; Elena Lapastora '66 for the beautiful choreography; Marissa Dario '77, Terry Jereza-Hudson '71, Marie Tagdulang '80 (Remnants), Daisy Cervero-Otto '77, and Teresa Bonoan-Cruz '66, for behind-the-scene preparations; Rev. Fred Vergara SATS '78 and the SATS/EAM group for the blessings and guiding us in prayer throughout the reunion; Rev. Peter Tagdulang SATS '78 and Beth Antiporda TUA '77 for always being there to lend me a helping hand. Lastly, my sincere gratitude to everyone who participated and attended the 2010 San Diego Reunion. Mark your calendars for 2012 Reunion in Chicago!

2010 Co-Chairs



E. Pamintuan



Y. Sabas



had fun at the San Diego



SLANF Standing Committees
"We can do GREAT things TOGETHER!"

A huge part of the work that we do as an organization is accomplished by the various standing committees. The following alumni have committed to be chairs:

- Elvira Garcia Balinsat '80-Tagsibol (Awards)
- Virginia Cacho Almiron '72 (Endowment Fund)
- Unidad Reyes Bonoan '75 (Finance)
- M. de la Cuesta Kostik '75 (Membership)

<kostikmc@yahoo.com>

As the 2011-2012 term comes to full swing, please help by committing... We are still in search for chairs of the following committees:

- Constitution and Bylaws
- Education and Professional Development
- Nominations and Elections
- Publications
- Ways and Means



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International Program
Trinity University of Asia, Quezon City, Philippines

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Request Info

www.nursingdegreebroad.com

Visiting the Philippines?

Contact Dean Gisela Luna '80- Tagsibol for an opportunity to give back through Balik-Turo.

Articles for future issues of SLANF News are welcome. Please submit your articles for Volume 22, Issue 2 to Liw Villagomez at:

<stlukes@villagomez.com>

Deadline: June 30, 2011

SLCN and WorldWide HealthStaff Associates Partner Launch Innovative International RN Program

Noel C. Madic '98

Although the immediate shortage of nurses in this country has abated somewhat over the last year or two, the longer term prognosis is that the anticipated shortage for them is expected to be as critical as ever over the next decade and onward. This in mind, it seems equally as critical that steps are made to somehow help to account for the nursing needs of the country's population moving forward.

Most of the recent and related studies done regarding the anticipated nursing shortage generally circle back to the need for expanding our pertinent education services. This expansion would in turn help to enable these schools to accommodate more of the roughly 50,000 nursing school applicants who were not able to gain acceptance to a nursing school in the US last year.

Practically speaking, there is no near-term "fix" on the horizon that solves the instructor and preceptor shortages, let alone that will account for the lack of clinical, or even classroom space available to these students. This does not bode well for many of those applicants who are hoping to get their nursing careers started here, any time soon.

Perhaps one of the more immediate "solutions" to the domestic shortage of classroom space for nursing school applicants might be found overseas. This is certainly the conclusion deduced by Ron Hoppe and John O'Brien of WorldWide HealthStaff Associates Ltd (HealthStaff). HealthStaff's Philippine Offices and the St. Luke's College of Nursing in Quezon City have partnered to launch an innovative program to address these challenges. These two entities have designed an American-based nursing program for American students wanting to pursue their Bachelor's Degrees. Applications for the program are currently being received and processed by the HealthStaff Office in the US.

Mr. Hoppe, the CEO of HealthStaff said, "The fix to our nursing school systems' under-capacity does not seem imminent. Until we figure out some way to add that needed capacity, the educational situation that exists here currently is simply not working for thousands of qualified students who are hoping to start their nurse training. On the upside, there are excellent nursing schools in the Philippines that can accommodate a number of these students. St. Luke's and Worldwide HealthStaff hope to be able to help at least 90 of these to find school placement starting in June."

At the outset one might wonder about potential licensing issues and such. John O'Brien who is a Senior Associate of HealthStaff was quick to respond to those. "American hospitals and medical concerns have recruited literally thousands of nurses from the Philippines over the last decade or so. The vast majority of those nurses have gone on to become very productive members of their respective workplaces. Obviously they've passed the National exam en-route to their becoming licensed nurses here. So we know that schools like St. Luke's are capable of producing strong, license-ready and degreed RN candidates for work here. Furthermore, we know this because they have a proven history of doing exactly that."

15 Students from U.S. Enrolled in First Class

When asked about the type of students who had called on the program thus far, Mr. O'Brien said, "The only really over-riding commonality among the students we've spoken to so far is that they just want to get their nursing careers going. It looks to be an added benefit that we have been able to format this program with a very competitive tuition structure. In any case, this is certainly a contingency of the program that is resonating with the students we have talked to, to date."

The first class in the international program started in November 2010 with 15 students. Enrollment for the June 2011 is ongoing and it appears that the second class will be much larger than the first. For additional information please visit the website designed specifically for this program www.nursingdegreeabroad.com

Mr. Madic is the Continuing Education Coordinator with Good Samaritan Hospital in Dayton, Ohio and is a proud graduate of St. Luke's College of Nursing.

Nursing Students Wanted

Get a world class education with
an International Perspective



Are you a nursing school applicant who is tired of waiting **"for something to open up"**, or who is frustrated by high associate tuitions and costs?

Trinity University of Asia in partnership with WorldWide HealthStaff Associates Ltd. is pleased to introduce an innovative nursing degree program that has significant classroom openings. The admissions offices are accepting applications today.

Start your nursing career with an elite school. You will find that the tuition is affordable. We are confident that the international exposure and experience you will gain will prove priceless.

Contact John O'Brien
for additional information today
E-mail: jobrien@healthstaff.org
Phone: (847)328-3796

Linda Pedrosa-Sneed '75 (Reprinted from Manila Standard Today, published October 5, 2010)



I often wondered what kind of agenda the good Lord had for me when he brought me to Tennessee. I could have worked in any of the big US cities but I instinctively chose this state.

During my college days, my father bought a set of Grolier's Book of Knowledge. It contained a section of English idiomatic expressions which I studied with gusto without even knowing if I would ever have a chance to apply it. But like any other families, my parents' goal for me was to leave the country and be a brain-drain statistic. A part of me did not want to leave the Philippines yet I trusted in their steering.

In 1977, I stepped into a KLM jet bound for America and my adventures began with a bang. I had the skills of a nurse but did not possess the practical skills of cooking, washing clothes, paying bills, budgeting or everyday decision-making. I was nervous.

Only a few hours into the flight, my first test came in the form of food. I had to decide between two dinner entrees. I chose the steak. My knife sliced into the meat and I saw blood seep out. I was aghast! I thought the cooking process was incomplete. This was my initial discovery of the term "medium rare steak." I knew that I must eat because of the long flight so I turned off the overhead light to circumvent the vision of blood and enjoyed my meal.

Though I spoke English very well, the English language in Tennessee was alien to me. I thought I landed in a different country. It seemed the locals continually "spoke in tongues" (a Biblical gift in the spiritual world) and I could not understand it. The melodious play of words and sentences did not seem to have a period. If it did, I could not decipher when the sentence ended unless there was a conspicuous pause in the person's breath. I would lean my ear intently so I could understand every word. I struggled with comprehension and I became perturbed.

As a home-health nurse, I had to visit patients in their homes. Obtaining directions to their houses was in itself a major challenge. A family member instructed me to turn right onto the "black-top" road. I was embarrassed to ask the definition of "black top" so I called my husband. After proper translation assistance was afforded, I made a right turn onto the asphalt (black-top) road. I discovered that the sight of cows, tobacco fields and horse barns were excellent landmarks for finding my way in Tennessee. Today, my knowledge of the Tennessee back roads will surpass the Global Positioning Satellite navigation.

My husband and I visited friends in Atlanta. They knew about the HUKs (underground Philippine Communists). His friend asked me a question in a southern twang. The accent was still foreign to my ears. I smiled and replied "yes." Perplexed, my husband came to my rescue and told his friend that I was NOT a communist.

I consider myself an excellent English speller but that expertise did not matter. Spelling rules in Tennessee are non-existent. You can even invent your own words! I love the creativity and boldness in Tennessee! The cultural amusement and personal experience created the brilliant entrepreneurship in Jeff Foxworthy's Redneck Dictionary.

The exhilarating feeling of seeing the first snow in America was quite memorable. I put on my socks and "tsinelas" and ventured out into the snow. When the frigid white powder melted into my socks, the term "frostbite" quickly entered my glossary. Thereafter, I purchased my first pair of winter shoes at the children's section of Proffitt's store.

I had planned to return home after my two-year hospital contract. During the first year, a co-worker introduced me to my husband. That same year, the colleague became my sister-in-law. The adventure became an interesting journey of life, family and love for Tennessee.

My husband patiently taught me basic cooking skills and how to run the incredible technological appliances without a domestic helper. I learned that white shirts should maintain their original color instead of pink. I mimicked my mother and ironed underwears and washcloths but my proficiency in operating a dryer allowed me to relinquish ironing.

Having satiated myself with the American diet, I quickly gained 12 pounds. Nevertheless, I craved for Philippine food. I started cooking tuyo (dried fish). The smell of tuyo was like vapors of a grilled steak. The aroma was mouth-watering and I imagined vinegar loaded with crushed garlic. My brain and tongue were absorbing the fragrance until my husband arrived. He almost fainted. The pungent scent pierced his nostrils. He clutched his chest. I was slighted. I began to cry. After consoling me, I realized that I needed to respect his culture and tastes. Until we married, he never cooked, smelled or consumed fish or rice. Though he still does not eat tuyo, he eats rice with me. I found some measure of victory when I see my son eat fried pork chops with "patis". I rarely cook tuyo (unless my husband is out-of-town or I have a deodorizer with the power to drown the scent). I continue to double-bag my bottle of "bagoong" when storing it in the refrigerator.

I acquired Southern food preparation skills (fried squash, pecan pies, cornbread, and dumplings, etc.) from my family and friends. Cooking (preserving jellies and spaghetti sauce from homegrown fruits and vegetables) were routine undertakings during sultry summers. A sense of accomplishment came upon me.

I am grateful to my birth country & parents for infusing education & values into my being & America for helping me evolve into who I am today—a wife, a mother, a grandmother & a unique Tennessean. I occasionally refer to Ellen Patrick's booklet titled "Why I live in Tennessee" & I realize its accuracy: "misty mountain mornings, riding lawn mowers, sweet tea, howdy greetings" ...to name a few.

Help Us!

Please **help us** disseminate word about SLANF, USA— not only here in the US, but throughout the world. The internet allows us to do this.

Also **help us** by letting us know how you want your newsletter delivered to you—by e-mail; by post-mail; or through our website. Let us know by sending an e-mail to <stlukes@villagomez.com>