

## St Luke's Alumni Nursing Foundation, USA

St Luke's Hospital School of Nursing/ St Luke's College of Nursing, Trinity College of Quezon City



# SLANF News

Volume 17

Number 1

May 2006

## PRESIDENT'S MESSAGE



Warm Greetings to all of you!

We always look forward to our bi-annual newsletter. It contains interesting news about members, families, and activities that bring us together with joy and fellowship.

The winter issue speaks of the holiday cheer and the spring issue makes us look forward to the most important events of the next two years --- our Grand Reunion in Orlando, Florida, and the St. Luke's

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## REUNION UPDATE

*by Nora Granados '62*

The hotel room rate will go up to \$129 after the deadline for reservation (see deadline schedules).

For those interested, there will be some places in the hotel area that the husbands, wives and children can hang out while the alumni are having the general membership meeting.

Shuttle transportation from the airport to Radisson Barcelo Hotel, and back may be reserved with MEARS, <http://www.mearstransportation.com>, phone 407-423-5566 (24-hr reservation), or 407-839-1570, or fax 407-244-2928.

The shuttle rate is \$15 one way or \$25 round trip (subject to change).

Through Radisson Barcelo Hotel Concierge #407-345-0505, or 888-380-9696, we can purchase discount tickets and shuttle to Universal Studios and Sea World.

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## SLANF News

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## WRITE FOR HISTORY

*by Virginia Cacho-Almiron '72*

The Library of Trinity College, St Luke's College of Nursing is collecting and binding the speeches, papers and writings of our very own Dean Ester Santos. We all know that Dean Santos provided a very elemental, formative and fateful role in our lives in St. Luke's.

In an historic effort to preserve the past and honor Dean Santos, the library established the "**Dean Ester A. Santos Nook**", a "love project" of the SLANF, USA and the alumni association in the Philippines. It contains books donated in her honor and articles written about her. For our part, we are invited to submit actual memories of the Dean in our own words, preferably in our own handwriting. These will be kept in a scrapbook in an open shelf so that students and visitors will discover for themselves why there is such a "nook"... and receive encouragement and inspiration from our blended lives with her.

Remember when the future was a blinding, vast open void? How did the Dean help you? What tools did she give you to cope with the unknown? Years later, several life-changes later, what remains of our shared past? What would you tell a young nurse now? After all, a directed future comes from a clear imprint from the past.

Would you now sit down, find a pen and paper, and jot down a few sentences about Dean Santos? Your notes, good (or even not so good!) on "*What they say about Ester A. Santos*" will be cherished additions in the pages of history.

Be a part of this dynamic project, and breathe life into this wonderful book of memories! Please don't delay--deadline for submission is August 28<sup>th</sup>, 2006. Without you, this project will not be complete.

Send all responses to:

Attn: Dean Gisela A. Luna

"Dean Ester A. Santos Nook Project"  
St. Luke's College of Nursing, Trinity College, 275 E. Rodriguez Sr. Avenue, Cathedral Heights, Quezon City, Philippines

If time does not allow your handwritten note, please e-mail to:

Dean Gisela A. Luna'80:

[gdaluna@tcqc.edu.ph](mailto:gadaluna@tcqc.edu.ph) or

Aurora Rebortira'72:

[stlukesalumni@yahoo.com](mailto:stlukesalumni@yahoo.com)

## A NOTE FROM THE EDITOR

*Please submit articles for publication in the SLANF News for December 2006 issue on or before October 31, 2006, by email to [acvrear@aol.com](mailto:acvrear@aol.com) or postal mail to the Editor, 6530 Dunham Road, Downers Grove, IL 60516, USA.*

**President's Message** *(from page 1)*

Centennial Celebration in the Philippines.

Come June 23-25, 2006, we will converge in Orlando, Florida, to celebrate our 15<sup>th</sup> Grand Reunion. The red carpet is ready to roll out, the chefs are preparing sumptuous meals, the hotel beds are made nice and comfortable, and all our friends and classmates are all excited and full in the reunion-mode!

All of these great amenities were made possible by chairpersons Nora Granados and Curie Catuncan and our colleagues from Florida. There is nothing left unturned to say (*wanakosey* as they say), except that let us all have a good time and make it as memorable as ever.

Also preparations are underway for the historic 100-year Celebration of the founding of St. Luke's Hospital and the School of Nursing. We can only experience a Centennial once in our lifetime. So we must go! This is our chance to return home to the Philippines and to our dear Alma Mater and be in the company of our colleagues from all over the globe.

For this October 5-7, 2007 homecoming, we will literally take over the *avant-garde Shangri-La* Hotel in Makati, hold services at the majestic St. Paul's Cathedral, and have a nostalgic visit to the new St. Luke's Hospital and feast on bushels of *lanzones* and *atis* fruits in Patio Trinidad at Trinity College.

So, gather your classmates and friends for what promises to be one gigantic three-day picnic in Manila. It is not to be missed because, as I said, it will happen only once in our lifetime.

We will send out details to the Centennial Celebration by mail and through our website at:

<http://www.geocities.com/stlukesalumni>.

That's the good news for now.

See you in Florida and Manila.

**LISA CALVELO-PAMINTUAN'71**

**SLANF, USA WEBSITE**

<http://www.geocities.com/stlukesalumni>

**You can now enjoy our SLANF, USA website created by our webmaster Rorie Rebortira.**

**Any announcement or news from the Chapters or individual member can be posted here. A page will also be dedicated for each chapter.**

**Please send your chapter news, suggestions, updates, comments to Rorie, or Lisa Pamintuan, and encourage participation in the yahoo group.**

*A cheerful heart is good medicine, but a crushed spirit dries up the bones.*

**PROVERBS 17:22**

*A good name is more desirable than great riches; to be esteemed is better than silver or gold.*

**PROVERBS 22:1**

**ST LUKE'S GRADUATES  
RECORD NUMBER IN 2006**

*by Gisela A. Luna '80*

*Dean, St Luke's College of Nursing,  
Trinity College*

There will be 247 graduating students in 2006. This is the first time that the College will have graduating students with this remarkable number.

St. Luke's College of Nursing will continue to grow because there are still 368 junior nursing students and 900 sophomores!

The school building is huge with four floors and two nursing skill laboratories; and a large library is planned to be built on the fifth floor!

**Reunion Update** *(from page 1)*

Call Lisa Pamintuan #619-421-4671  
Or Cynthia Abadines # 954-345-3701  
for the Talent Show presentation and equipment needs.

The only important date to remember is: **Wednesday, May 24, 2006**

**Room Reservation deadline for Radisson Barcelo Hotel,  
Reunion Registration deadline, and  
Submission deadline for the Souvenir Program!**

For further questions, please call Nora Granados at #407-673-2129,  
[norgran@adelphia.net](mailto:norgran@adelphia.net) or

Curie Catuncan #407-568-2966.

**CLASS'57: IN RETROSPECT**

*by Norma Marino Navarro '57*

Class 57 recently held a mini-vacation reunion at Norma Marino Navarro's residence in Cerritos, California.

In 1987, the **UGABUGA Club** was organized. Edwin Olivera, the better half of Violeta Pancho Olivera, coined the name and thus he became the first UGABUGA chief with Norma as the founding president.

In their freshmen year at St. Luke's Hospital School of Nursing in Magdalena Street, the group bonded and the class was dubbed as the most sociable among the Magdalena Street alumni.

After graduation, each member went their own way and sought career and opportunities in nursing. The group kept in touch through the years with one another, introduced spouses, treated each one as a relative. When their kids were in college, they formed this everlasting club.

In the past 19 years, these elite alumni and families have made annual travel to more than 50 countries in Europe and in Asia. As seasoned jet-setters, they have scheduled Maui to be their 2007 destination to celebrate the club's 20th anniversary.

In 1995, during the 75th anniversary of St. Luke's College of Nursing-Trinity College, the Class was represented among the keynote speakers of the event. At the Camp Aguinaldo Dinner Dance that year,

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**Class 57** (from page 2)

Shirley Pagaduan Bautista dueted with her husband, Art, a beautiful Tagalog song dedicated to the celebration.

Despite successes and setbacks, the sisterly bond among the class members, together with their families, has kept them close through all these years.

The current officers are Lettie Quijano Shelling (PA), president; Edna Sabulao Ilano (MA), vice president; Jean Paluero Faustino (SD), secretary; Shirley Pagaduan Bautista (MD), treasurer;

Violeta Pancho Rivera (IL) Social Directress, Norma Marino Navarro (CA), PRO.

Elvira Peol Otazu (CA), Rose Isaguirre Marfori (CA), and Alice Alba Troutman (Australia), board directors,

Fedora Llamas Beltran (FL), Trinidad Romero Nitafan (CA), and Elena Atmosfera Okon (IL), advisers; and

Ester A. Santos (PI) honorary adviser.

For questions and further information, please contact the secretary, Jean F. (605) 347-6168 [home] or (713) 562-1008.

**CLASS'64 CRUISE**

by *Rose Napoles Espiritu '64*

Eight members of Class '64 celebrated their 40<sup>th</sup> anniversary in 2004 with a Panama Canal cruise in November-December 2005. The trip included visits to Cristobal Pier of Panama, Puerto Limon of Costa Rica, Aruba, and Georgetown of Cayman Island.

They had a great time reminiscing the good old student days at St. Luke's Hospital School of Nursing. At sea, they had breakfasts, lunches, snacks and dinners together. They also held bible study and prayer times in a conference room provided by the ship. Some of the spouses who came along shared stories about wonderful courtship days, the joys and challenges of married life and, of course, the blessings and contentment of being grandparents. All of the men who came were granddads. They brought family albums to show. There was countless laughter, tears of joy and camaraderie. There were a few of them who have not seen each other for 41 years. One cannot imagine the embarrassment of bumping and failing to recognize a classmate at first sight.

The trip was really a blast! Those who were not there were missed terribly. The group could only wish the rest of the class was with them, too. It was agreed that ten days of fun was not enough. Another cruise is now being organized by

Jasmin Padilla Molina to the Mediterranean (Greece-Turkey), in October-November 2006. Come and join the cruise! For more details, here is Jasmin's email:

[wallymimi@aol.com](mailto:wallymimi@aol.com)

To Class '64 alumni planning to attend the reunion in Florida:

Please save June 25, Sunday for a get-together. You will be informed on June 24<sup>th</sup> when and where to meet.



*Jean Faustino (from left), Edna Ilano, Rose Marfori, Violeta Olivera, Elvira Otazu, Trinidad Nitafan, Fedora Beltran, and Norma Navarro graced the recent Class '57 mini reunion held in Cerritos, CA.*



*The Panama Canal cruisers include Terry Tan Lao (from left), Doris Garrido Romero, Nita Navarro Palma, Rosalia Napoles-Espiritu, Jesse Oducado Ruska, Naning Makabali, Susan Lacanaria Dijamco, and Jasmin Padilla Molina.*



*Elisa Calvelo-Pamintuan, SLANF-USA president, inducts Southern California Chapter officers (from left) Evelyn Mangaser-Wu '71, president; Teresita Jereza-Hudson '71, assistant treasurer; Marilynd Barangan-Kobran '74, treasurer; Cecilia De Guzman-Atienza '71, assistant secretary; Sonia Sawit-Esquejo '76, secretary; and Iona Manzano-Miranda '66. adviser.*

**SOUTHERN CALIFORNIA  
CHAPTER HOLDS  
ANNUAL FUNDRAISING**  
*by Evelyn Mangaser Wu '71*

The affair was capped with a dinner dance held last February 11, 2006. The inaugural business meeting was hosted by Terry Jereza-Hudson.

Other activities for the the year include July 22nd barbeque picnic/ meeting at Evelyn Wu residence, October 14<sup>th</sup> business meeting at Elena Lapastora's residence and December 2<sup>nd</sup> annual christmas party at Iona Miranda's residence.

**PROPOSED SLANF,USA  
MISSION STATEMENT**

We believe in giving back with gratitude to the school that nurtured us to become competent and dedicated nurses that we are today,

We as members of the St. St. Luke's Alumni Nursing Foundation, USA pledge to assist our alma mater ST.LUKE'S COLLEGE OF NURSING, TRINITY COLLEGE OF QUEZON CITY, PHILIPPINES in enhancing its capacity for quality nursing education and positive learning environment so as to produce world-class professional nurses in this age of globalization

**SCHEDULE of EVENTS**

**Friday, June 23, 2006**

12:00 pm – 2:30 pm officers' board meeting

6:00 pm – 11:00 pm general membership meeting, hospitality night, class roll call, and talent night

**Saturday, June 24, 2006**

7:00 am – 12:00 pm scientific seminar

6:00 pm – 12:00 am reunion dinner dance

**Sunday, June 25, 2006**

8:30 am – 10:00 am officers' breakfast board meeting

**Monday, June 26, 2006**

Optional 4-day Bahamas Cruise

**REGISTRATION for  
DINNER,  
RESERVATION,  
SEMINAR, and  
RAFFLE TICKETS**

**Regular Registration \$75**  
Postmarked no later than  
May 24, 2006

**CEU Seminar: FREE**  
Limited to first 75 pre-registered  
attendees

**RAFFLE TICKETS: \$10 per  
booklet**

**SCIENTIFIC SEMINAR**

Saturday, June 24, 2006: 4 contact CE hours

***Breast Cancer: Then and Now***

**Rica Angeles-Supnet'80, RNC, MSN, ARNP**

Certified Family Practitioner, Breast Health Specialist, Menopause Clinician

***Disease and Population Care Management: Innovations in Health Care for the 21<sup>st</sup> Century***

**Rowena Evangelista Bartolome'80, RN, BSN, PHN**

Director: Management, Clinical Quality & State Programs Kaiser Permanente Riverside

***Multiple System Failure: What We Need to Know***

**Edna Tipon Trepanier'90, RN, BSN, CCRN, BSChem.**

Nurse Manager, Intermediate Care Unit, Memorial Regional Hospital

**TRIFECTA**

*by Aurora R. Rebotira '72*

**MINA LAGUIO-MAQUINDANG '72** from the Department of VA Southern Nevada Health Care, was the recipient of the *Nurse of the Year Award, Ambulatory Nursing Category*.

Over 300 nurses were nominated in 20 categories plus Distinguished Nurse of the Year. The award was given during the 21<sup>st</sup> Annual March of Dimes Awards banquet at RIO All-Suite Hotel Casino in November 2005.

Her work with over 1,200 patients in the anticoagulant clinic helped her win the distinguished award.

Consequently, in February 2006, the VA Southern Nevada honored her for placing second in *Performance Improvement Projects*, and for winning *the People's Choice Award* in overall category.

Mina has been with the Veterans' Affairs for 28 years. She is currently the Nurse-in-charge of the Cardio-Pulmonary Specialty Programs at the VA.



**CARMELITA REAL-WONG '72**

**MOURNED**

*by Aurora R. Rebotira '72*



We are extremely saddened by the passing of one of our very own classmates, Carmelita Real-Wong, Class '72. She was 55 years old. She died from

complications following a long illness on December 11, 2005, in Quezon City, Philippines. Her hometown of Real, Laguna, was her final resting place.

She gave herself generously to the St. Luke's Alumni Association in the Philippines for many years, working in various capacities.

Our classmate, Lita, was known for having a sweet and angelic face, with an innocent aura about her. She always had a ready smile, and had the welcome mat out for classmates who came home to the Philippines to visit. She treated everyone with her gift of humor and extreme love for good food. Her life was an example of grace under difficulty. She is greatly missed and will ever be in our hearts.

She is survived by her husband, Marty, sons, Mark Anthony, Marcelino II,

Michael Angelo, Matthew Niño, and only Daughter Irene Mae, who is also a St. Luke's graduate. She is blessed with six

grandchildren, Mark Anthony, Mark Aaron, Marcelino, Carmela, John Dave, and Moyra.

**COME, SIT BESIDE ME SISTER**

**SISTERHOOD CLASS '72**

*by Virginia Cacho-Almiron '72*

Loneliness;  
First creeps in the dorm at age 18  
Come, sit beside me sister.

Broken heart, broken dreams  
Story of betrayal, puppy love,  
Real love, real tears,  
Come, sit beside me sister.

Mid life brings mid size problems,  
Toddlers in tow, husbands, no husbands;  
Night shifts, paycheck to pay check, College bills,  
Parents taking care of parents, kids having kids;  
Come, sit beside me sister.

The 50's come, illness at the door;  
High cholesterol, abnormal cells,  
Disabling the able – body, mind or soul;  
Come, sit beside me sister.

Death beckons ... one by one  
Fifty six to go  
Come, sit beside me sister;

- We will not be alone.



*A plaque by the AV room door.*



*The AV room with class in session.*



*Inside the Lab room.*



*The audio system*

*A plaque in the audiovisual room.*



*EAST COAST CHAPTER gave St. Luke's College of Nursing, Trinity College \$2500 to furnish the Chemistry Laboratory Room in honor of Marizon Trilles, SLANF, USA president, January-March 2005.*

**SLANF, USA 2003-2004 DONATION** has furnished the audiovisual room in St Luke's College of Nursing, Trinity College. (Pictures courtesy of Mrs. Ester Santos)

